

Lumpkin County

Parks and Recreation Department

Youth Basketball Rules



OBJECTIVES:

The Goal of the LCPRD Basketball League is to provide an opportunity where the youth can learn fundamental training, teamwork, sportsmanship, and physical awareness with player health and safety the top priority. Learning fundamental basketball skills in a controlled environment will give the children the opportunity to learn the love of basketball and grasp basic fundamentals of the game to have a better understanding and appreciation of the sport.

AGE LIMIT:

Ages 7-8

Ages 9-10

Ages 11-12

Ages 13-14

Age control date is January 1st of 2015

RULES OF FAIR PLAY:

All coaches, players, and spectators are expected to adhere to the following rules:

- Behave properly and show respect towards the other team.
- **Accept ALL judgment calls made by the officials.**
- Play to win, but good sportsmanship prevails.
- Treat each child equally.

With the exception of the LCPRD rules listed below, Georgia High School Association basketball rules apply.

PLAYING TIME:

- All games are played with eight (8) minute running quarters.
- Running clock except during the last one (1) minute of each half played which will be played with an operative clock.
- The clock will stop for time-outs, free throws and injuries
- There will be a three-minute break at halftime.
- Overtime periods will be three (3) minutes with the last minute played with an operative clock.
- Two time outs per team per half. Time outs may NOT be carried over.
- All players **must play the equal of one full quarter**, unless they are injured or in the officials opinion they are tired and that necessitates them coming out of the game. The Recreation Department encourages you to try and play each child as much as possible.
- **If one team is ahead by 20 points in the 4th quarter the clock will run continuously for the balance of the game except time outs.**

RULES AND REGULATIONS:

Start Games:

- Each game will begin with a tip off. Possession of each subsequent jump ball will be awarded on alternating basis. Overtime will start with a tip off.
- A team must start with at least (5) five players.

Personal Fouls:

- Fouls will be kept. One and one fouls will be enforced on the 7th team foul and on the 10th team foul the double bonus (2 free throws) will be enforced! After (5) five fouls the player must leave the game.

Basket and ball requirements:

- 7 - 8 and 9 - 10 leagues will be using 8 ½ foot baskets. All other leagues will use 10 foot baskets.
- 7 – 12 year old Boys and Girls league will play with an intermediate-size (28.5) ball.
- 13 - 14 Boys will use Official size ball and 13 - 14 Girls will use 28.5 ball.

Clothing:

- All players must wear a team uniform to play in the game.
- Shirts must be tucked in during play.
- Jewelry must be removed prior to starting play.
- No black-soled shoes allowed that mark up a gym floor.

Lane Violations:

- All leagues 3 second lane violation.

Full Court Press Rules:

- **7 - 8 Boys/Girls – There will be NO full court pressing.** Defense may pick up the offense after they have crossed half court. Once a team gains a 10 point lead you must back up into a regular zone or man to man defense with no half court pressing.
- **9 - 10 and 11 - 12 Boys/Girls- ALLGAME- No press if up by 15 or more points!** Must pick up at half court rest of the game.
- **13 - 14 Boys & Girls- Georgia high school rules apply.**

Legal Defense:

- Man to man or zone allowed in all leagues.

General rules for all coaches and players:

- Coaches are not allowed on the court during games.
- Coaches and players should remain in the designated area on the sidelines.
- Coaches are responsible for conduct of players.
- LCPRD officials and gym supervisors have the authority to ask any coaches, players, parents, or any other spectators who do not display conduct in keeping with LCPRD philosophy to leave the gym.
- **NO DRIBBLING BASKETBALLS WHILE GAMES ARE IN PROGRESS!!!**